# Barnard Newsletter

#### BARNARD HEALTH CENTRE

43 Granville Road Sidcup DA14 4TA

SURGERY TELEPHONE NUMBER: 020 8302 7721

#### WEBSITE:

#### www.barnardmedicalpractice.co.uk

SURGERY OPENING TIMES: Monday-Friday 8.00am to 6.30pm Wednesday until 8.00pm (one GP only)

Wednesday until 8.00pm (one GP or Saturday 8.00am to 12 noon

#### DOCTORS:

Dr David Milne Partner MB BS DRCOG (Newcastle) 1977 Dr Sara Elizabeth Scott Partner MB BS MRCGP DRCOG DFFP Westminster Hospital (London) 1985 Dr Holly Hutson Partner

MB BS MA (Oxon) MRCGP DRCOG DFFP (Oxford) 1994 Dr Jessica Martin Partner BMedSci BMBS DRCOG DCH MRCGP (Nottingham) 1998 Dr Shri Kulkarni Partner MB BS MS FRCS (Ed) FRCS (GI) 1985 Dr Tara Kharib MBChB DFFP (Iraq) 1988 Dr Richard Scott

MB BS MRCGP FRCS DRCOG MScIT

#### NURSE PRACTITIONERS: Bridget McGuire and Julia McKeon

#### CLINICS:

#### **Antenatal Clinic**

Tuesday and Thursday 14.00 - 17.40 Patients are seen by the midwife at the clinics by appointment and also by the doctors during surgery hours.

#### **Child Health Clinics**

Monday 9.30 - 10.30 Wednesday & Friday 9.30 - 11.30 At this open clinic a health visitor is available to give advice and support re: your baby/child's health, growth and development.

#### Asthma Clinic

This is run by the practice nurse in conjunction with the doctors, by appointment only.

#### **Diabetic Clinic**

This is run by the practice nurse in conjunction with the doctors, by appointment only.

**Family Planning** Contraceptive care is provided by all the doctors during surgery hours.

#### Well Woman Clinics

This clinic is run by the nurses and health visitors for smears, postnatal checks and discussion for women's health issues.

#### **Minor Surgery**

The doctors carry out minor surgical procedures at the surgery by appointment and they will be happy to advise you on this.

#### **Non-NHS Examinations**

The doctors are happy to carry out medicals, eg insurance and driving licence, by appointment, outside surgery hours. Please telephone the surgery for an appointment. Please ask the reception for the charges for

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#### **Repeat Prescriptions**

These are obtainable from the doctors by either • Written application allowing 48 hours notice.

◆ Fax: 020 8309 6579.

Requests for repeat prescriptions cannot be taken by telephone.

# Role of the Nurse Practitioner

There are two nurse practitioners currently employed at the surgery: Julia McKeon & Bridget McGuire who have undergone intensive studying & training enabling them to work along side the GPs in delivering general practice to patients in the following areas:

Undertaking full examinations

- Diagnosing illness
- Ordering necessary investigations, screening for disease risk factors
- Referring patients to hospital or other services if appropriate
- Treating symptoms and issuing prescriptions
- Issuing sickness certificates
- Management of chronic diseases
- Visiting at home when necessary

Appointments are available with them along side the GPs.

# Staff changes at the Practice

At our last Committee meeting in 2009 we were sad to learn that we shall shortly be saying goodbye to Dr Milne, Dr Kulkarni and Dr Allison. We would like to thank them all for their work for the 'Barnard patients', and wish them all well in the future.

# Patients sign up to email

Although the initial response was quite disappointing we have seen an upsurge in patients who want to be contacted via their email address. There are now over 100 families who will receive the latest Newsletter and up to date information concerning the the PPG and the Health Centre.

We would welcome suggestions on the content of the Newsletter and ways in which we can assist the Health Centre to improve the services it provides.

Please contact us soon on barnardppg@btinternet.com

### **PPG Funding**

In our December 2009 Newsletter we reported that fund-raising would be needed if we are to be able to pay our running costs such as our annual subscription to NAPP in future years. We can now record our gratitude to The Barnard Practice for printing for free the hard copies of our newsletters for distribution in the Surgery, and to St John's Pharmacy for a donation towards future expenses. We believe strongly that we must remain independent of the Practice, and emphasise to our patients that all the committee members give their time and services voluntarily.

#### Website updating

Those of you who access the Surgery website for the very helpful information that appears there will know that recently the website has been a bit out-ofdate. We have been assured that this is due to be rectified during 2010.

# Patients letter

# Parking concerns at Queen Mary's Hospital

If the move of the practice to QMH is agreed, will there be allocated parking spaces made available for patients? I work at QMH and finding somewhere to park is extremely difficult & frustrating! The benefit of being in Granville Road is access to parking spaces plus public transport & the ability to access at least 3 pharmacies all within short walking distance.

I'm sure that there will be many patients who will find it more difficult to get to QMH to see a GP and, if necessary, pick up their prescribed medication. *Sue Linin*